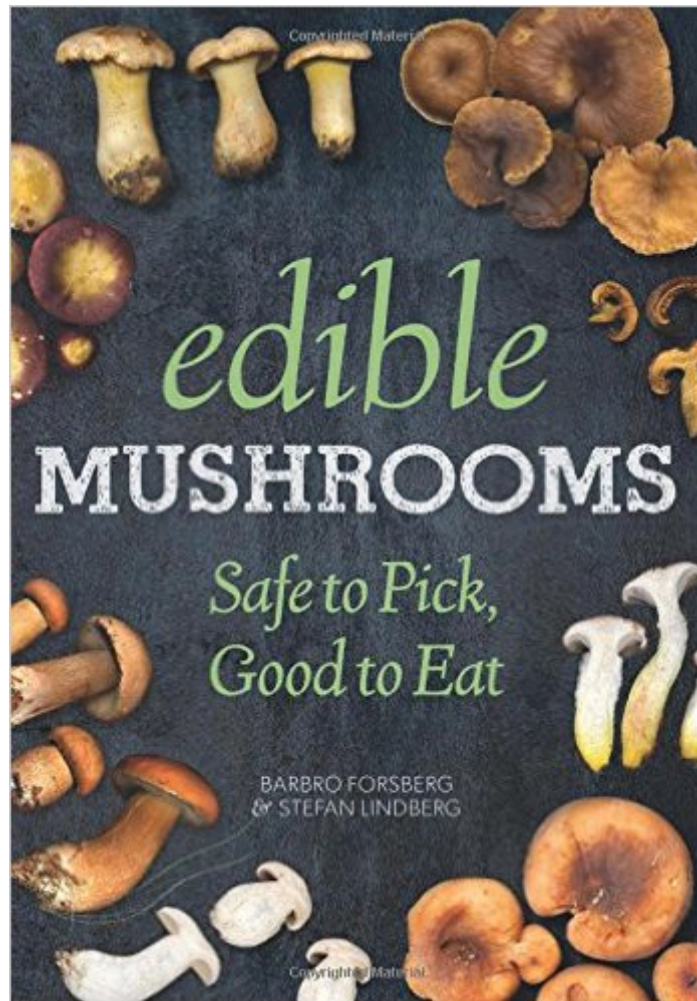


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# Edible Mushrooms: Safe To Pick, Good To Eat



## Synopsis

Wandering the woods in search of mushrooms is one of life's great pleasures. But be careful to pick the right ones! With *Edible Mushrooms* in your backpack, you'll know to pick only the safest, most delicious chanterelles, truffles, morels, and more. Author Barbro Forsberg presents forty edible species and reveals how, when, and where to find them—knowledge gained over the course of four decades spent mushrooming in the woods. Discover such aspects of mushrooming as: Characteristics of edible mushrooms, per species; Cooking, cleaning, and drying the day's bounty; Edible, inedible, or toxic? Photographs and descriptions for what to pick and what to avoid; Poisonous varieties and how to recognize them. All content has been verified by a professional mycologist. Plus, nature and educational photographs illustrate how mushrooms grow, the environments where you can expect to find them, and the ways in which the same species may vary from one sample to the next. So whether you're an experienced mushroom hunter or a novice to the art, with *Edible Mushrooms* you can confidently recognize, pick, and eat the tastiest wild mushrooms.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (6 customer reviews)

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## Customer Reviews

I bought this book on a whim to add to my collection as the price was right and the reviews were few. Glad I did...I am an Eastern North American Picker and the book covers many species across the Northern Hemisphere. Some of the species covered are European only, though only a couple. Mushrooms Covered: 40 Edibles (Boletus, Chanterelles, toothy mushrooms, corals, milkys, a

few gilled etc) and 9 Poisonous, including the typical troublemakers (Destroying, Deathcap, Deadly Gallerina). The focus is on safe picking so it is somewhat limited. The mushroom titles are from a European Viewpoint as the author is Swedish, so I had to read a bit on each to get the North American common names. Many I recognized from the pictures anyway and often enough the names are the same. The best part of this guide is the Illustrations. They are absolutely beautiful and of professional quality. Each specimen has a full page illustration, and a series of specimen growth stages for identification as a good guide should. I consider this book to be a great addition to my collection for pictorial comparison alone. I am still learning my Boletes and this book will be helpful.

Excellent pictures and descriptions of many common mushrooms. Good section on the deadly poisonous ones too

Great book !!! Excellent education about mushrooms - with photos ...love it!

Now I know what to pick so I won't be tripping or puking for days.

Good introduction to mushrooms.

thanks

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